

March 2020

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Dear Leaseholder

COVID-19 (Coronavirus) – Information for Residents

Due to the ongoing concerns regarding the spread of COVID-19 (Coronavirus), we would advise all occupiers to adhere to government advice, which is detailed on their website:

<https://www.gov.uk/government/topical-events/coronavirus-covid-19-uk-government-response>

We envisage, if not now but in the future some occupiers may be required to self-isolate. In order to avoid any further spread of the virus, we would encourage any persons who are self-isolating to do so inside their property and to not enter the internal communal areas. This action will help reduce the spread of the virus to other occupiers in the building.

The Government has provided the following advice for people who should stay at home if they are unwell:

- if you have symptoms of coronavirus infection (COVID-19), however mild, do not leave your home for 7 days from when your symptoms started (see ending isolation section for more information)
- this action will help protect others in your community while you are infectious
- plan ahead and ask others for help to ensure you can successfully stay at home
- ask your employer, friends and family to help you to get the things you need to stay at home
- stay at least 2 metres (about 3 steps) away from other people in your home whenever possible
- sleep alone, if possible
- wash your hands regularly for 20 seconds, each time using soap and water
- stay away from vulnerable individuals, such as the elderly and those with underlying health conditions, as much as possible
- you do not need to call NHS 111 to go into self-isolation. If your symptoms worsen during home isolation or are no better after 7 days, contact [NHS 111 online](https://www.nhs.uk). If you have no internet access, call NHS 111. For a medical emergency dial 999

So that we can monitor the situation we would ask that if you are self-isolating within the property you make us aware. We do not intend to inform other occupants and your situation will remain private.

If your property is rented, please can you kindly forward this information onto your tenant (or agent).

Please feel free to contact me should you have any questions.

Yours sincerely



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